

CREATING YOUR PATH

Planning and implementing your future is easier when there's someone to talk to—especially someone trained in the art of Coaching.

New Beginnings coaches can help bring out your best in the same way good coaching in sports brings out the best in athletes. Our coaches can help you interpret your **Wilson-Smith Life Profile™** Feedback Report. They can teach new skills and develop talents to let your true potential emerge. The New Beginnings coaching process helps committed individuals pave the path for their evolution and growth with a focus on:

- ▶ **Perspective - Broaden Outlook and Increase Clarity.** A New Beginnings coach can help you gain new perspectives and provide a catalyst for eye-opening conversations.
- ▶ **Image - Improve the Way You Come Across.** Character, communication skills, and listening ability are more important today than ever before as those around you expect more polish, sophistication, and subtlety. New Beginnings coaching can help the best you have to offer come through.
- ▶ **Brainstorming - Generate Options and Ideas.** Often, the evolution your future is conceived during an open discussion of ideas. A New Beginnings coach provides the environment in which your views, ideas, and concerns are respected and expanded.
- ▶ **Advice - Get Opinions from Someone Whose Only Priority is You.** Everyone you work with and know has a personal interest in the decisions you make. Your best interest is the only priority of your New Beginnings coach.
- ▶ **Outlet - A Safe and Confidential Sounding Board.** Pent up frustrations, anger, and disappointments impair good judgment. Every leader needs a trustworthy person to complain to, vent to, and with whom to talk things out.
- ▶ **Mirror - To Point Out What You Can't, Won't, or Don't See.** Smart people understand they have blind spots, and want honest feedback about what they are not seeing. A New Beginnings coach can be counted on to point out what he/she sees that can help you be more successful today and in the future.
- ▶ **Skills - Assess, Develop, and Enhance Skills.** An ever-changing environment often requires adoption of new skills or refinement of existing ones. A New Beginnings coach can help assess and build a broad range of business and personal skills.



To learn more about coaching services, call us at: 703.751.2830, ext. 4

Federal Government
Contracting Options:
GSA MOBIS
HUBZone

A New Beginnings Project Workshop
newbeginningsproject.info